



THE C.G. JUNG INSTITUTE  
OF SAN FRANCISCO

## James Goodrich Whitney Center for Psychotherapy

### Pre-Doctoral Internship Program

#### **OVERVIEW**

The James Goodrich Whitney Center For Psychotherapy at the C.G. Jung Institute of San Francisco has been providing sliding-scale depth psychotherapy since the 1940's. The Center welcomes people of all ethnic backgrounds and sexual orientations. Between 90 and 120 patients are seen at any given time. Therapy can last as long as two years and patients can be seen at frequencies greater than once weekly. Therapy is also available for couples.

Contemporary Jungian psychotherapy is informed by a variety of psychoanalytic approaches. The focus is not only on difficulties and conflicts but also takes into consideration the healing and creative aspects of the psyche. There is a trust in the innate wisdom of the unconscious to guide the work through symbolic material, and to lay out a path towards wholeness or individuation.

Our clinical and theoretical approach offers perspectives into a complex and multilayered psyche that includes developmental and archetypal perspectives. This depth orientation often involves working with symbolic material (i.e. dreams, sandplay, etc.) as well as close attention to developmental issues and transference/countertransference. In addition, Jung, in discussing the idea that therapist and patient have a mutual impact upon each other, advanced the idea of intersubjectivity, a perspective that is very present in Jungian work.

Therapy at the Center is provided by analysts, candidates in analytical training, pre-doctoral psychology interns and registered Marriage and Family Therapist interns who are involved in a two-year training program, as well as fourth year psychiatry residents. Registered Social Work Interns are also eligible to apply for internship training. Currently there are 9 interns. Interns receive intensive supervision from two supervisors simultaneously. They participate in case conference/seminars, didactic seminars, and have access to the rich resources of the Jung Institute.

#### **THE INTERNSHIP PROGRAM**

The Internship program is a CAPIC approved (California Psychology Internship Council), two-year internship in long- and short-term depth-oriented psychotherapy. Training focuses on treatment of a wide range of psychopathology and life issues. Interns are expected to become competent in diagnostic formulation, treatment planning, and developing psychotherapeutic technique with attention paid to developmental issues, transference and countertransference, frame, working with dreams and other symbolic material. Particular attention is paid towards deepening the work. The goal of training, in addition to solidifying basic psychodynamic skills, is the development of an individual style and the emergence of an analytical attitude.

This internship is 22 hours per week. An intern will have 2 hours weekly individual supervision, a weekly 2-hour case conference seminar and 2-3 hours of didactic seminar. Additional

didactics/workshops are often scheduled throughout the year. The clinic is HIPAA compliant. During the 2022-2023 academic year, pre-doctoral psychology and post-masters (AMFT and ASW) half-time interns will receive an annual stipend of \$3,000.

All interns at the Institute's Whitney Center For Psychotherapy have full use of the Institute library, the Institute's Extended Education Public Programs, ARAS, and are welcome to participate in many of the activities of the Institute learning community.

## **COMMITMENT REQUIREMENTS**

It is our preference that Interns make a two-year commitment to the program. Officially, each year is negotiated individually. Interns are expected to be present for an average of 22 hours per week. This includes carrying a caseload of 12 clients; 2 hours of individual supervision; 2-3 hours of didactic training; a half-hour community meeting; a two-hour case conference seminar; and a monthly 1.5 hour process group.

Internship applicants are strongly urged to be in analysis or psychodynamically oriented psychotherapy during the internship. (Arrangements can be made for an intern to be in analysis at a reduced fee by a candidate or analyst.) Coursework completion is required for both Masters and Doctoral levels before beginning the internship.

## **HOURS**

Of the 22-hour requirement, interns must be available to attend a Case Conference seminar on Tuesdays 10:30-12:15 or Wednesdays 10:30-12:15 (these days and times subject to change), and Community Meeting and Didactic Seminar on Mondays 1:45-4:30. There is one hour of supervision with your primary supervisor on Monday mornings. Additional supervision is arranged on an individual basis.

## **APPLICATION**

The deadline has passed to apply for the 2022-2023 internship. If you have questions, you may speak with Deborah Igoa-Kuhn, MFT, Whitney Center Coordinator, at (415-771-8055, ext. \*205).

## **TO APPLY, PLEASE SUBMIT:**

- 1) CAPIC application form (for Masters level interns please complete, under Clinical Training in the CAPIC application, the "Summary of Clinical Experience" and the two essays of the CAPIC application)
- 2) Jung Institute Center Supplemental Application
- 3) Three letters of recommendation
- 4) Current Vitae or resume
- 5) Current Graduate School transcripts
- 6) See and complete checklist provided with your application