



James Goodrich Whitney Center for Psychotherapy  
C. G. Jung Institute of San Francisco  
2610 Mission Street  
San Francisco, CA 94110  
(415) 771-8055 ext 205

## Pre-Doctoral and Post-Masters Internship Program

### **OVERVIEW**

The James Goodrich Whitney Center for Psychotherapy at the C.G. Jung Institute of San Francisco has been providing low-fee depth psychotherapy since the 1940's to adults in the Bay area community. The Center welcomes people of every race, color, religion, national and ethnic origin, sexual orientation, gender and ability.

Therapy can last as long as two years and patients can be seen at frequencies greater than once weekly. Therapy is also available for couples. Between 80 and 100 patients are seen at any given time. Due to the pandemic, since March 2020 the Center has offered its therapy services and internship training program online. We look forward to resuming in-person psychotherapy and intern training once it is safe to do so.

Contemporary Jungian psychotherapy is informed by a variety of psychoanalytic approaches. The focus is not only on difficulties and conflicts but also takes into consideration the healing and creative aspects of the psyche. There is a trust in the innate wisdom of the unconscious to guide the work through symbolic material, and to lay out a path towards wholeness or individuation.

Our clinical and theoretical approach offers perspectives into a complex and multilayered psyche that includes developmental and archetypal perspectives. This depth orientation often involves working with symbolic material (i.e. dreams, sandplay, etc.) as well as close attention to developmental issues and transference/countertransference dynamics. In addition, Jung, in discussing the idea that therapist and patient have a mutual impact upon each other, advanced the idea of intersubjectivity, a perspective that is very present in Jungian work.

Therapy at the Center is provided by analysts, candidates in analytic training, pre-doctoral psychology interns and registered Marriage and Family Therapy Associates involved in the two-year internship[, as well as fourth year psychiatry residents. Registered Social Work Associates are also eligible to apply for internship training. Currently there are 8 interns. Interns receive intensive supervision from two individual supervisors, participate in case conference seminars, didactic seminars, group process, and have access to the rich resources of the Jung Institute.

### **THE INTERNSHIP PROGRAM**

The Internship program is a CAPIC approved half-time two-year internship in long- and short-term depth-oriented psychotherapy. Training focuses on treatment of a wide range of psychopathology and life issues. Interns are expected to become competent in diagnostic formulation, treatment planning, and developing psychotherapeutic technique with attention paid to diversity, developmental issues, transference and countertransference, frame, working with dreams and other symbolic material. Particular attention is paid towards deepening the work. The goal of training, in addition to solidifying basic psychodynamic skills, is the development of an individual style and the emergence of an analytic attitude.

This internship is 22 hours per week which includes 2 hours of individual supervision, 2 hours of case conference seminar and 2 hours of didactic seminar. Additional didactics and workshops are often scheduled throughout the year. The clinic is HIPAA compliant and includes trainings in diversity. During the 2023-2024 academic year pre-doctoral psychology and post-masters (AMFT and ASW) interns will receive an annual stipend of \$3,000.

All interns at the Institute's Whitney Center for Psychotherapy have full use of the Institute library, the Institute's Extended Education Public Programs, ARAS, and are welcome to participate in many of the activities of the Institute learning community.

### **COMMITMENT REQUIREMENTS**

It is our preference that Interns make a two-year commitment to the program. Officially, each year is negotiated individually. Interns are expected to be present for an average of 22 hours per week which includes carrying a caseload of 12 clients, 2 hours of individual supervision, two hours of case conference seminar, 2-3 hours of didactic training and a half-hour community meeting.

Internship applicants are strongly urged to be in analysis or psychodynamically oriented psychotherapy throughout the internship. (Arrangements can be made for an intern to be in analysis at a reduced fee by a candidate or analyst.) Coursework completion is required for both Masters and Doctoral levels before beginning the internship.

### **HOURS**

Of the 22-hour per week requirement, interns must be available to attend a Case Conference seminar either on Tuesdays 10:30-12:15 or Wednesdays 10:30-12:15 (assignment made yearly; days and times subject to change), a Community Meeting and Didactic Seminar on Mondays 1:45-4:30. There is one hour of supervision with your Primary Supervisor on Monday mornings. Additional supervision is arranged on an individual basis.

### **APPLICATION**

Applications are currently being accepted for 2023-2024. Deadline for submitting applications is February 28, 2023 by 5:00 pm. If you have questions, you may speak with Deborah Igoa-Kuhn, MFT, Whitney Center Coordinator at (628-688-0644) or e-mail her at [clinic@sfjung.org](mailto:clinic@sfjung.org). You can also access our website at [www.sfjung.org](http://www.sfjung.org) for further information on the Jung Institute.

### **TO APPLY, PLEASE SUBMIT:**

- 1) CAPIC application form (for Masters level interns please complete, under Clinical Training in the CAPIC application, the "Summary of Clinical Experience" and the two essays of the CAPIC application)
- 2) Jung Institute Center Supplemental Application
- 3) Three letters of recommendation
- 4) Current Vitae or resume
- 5) Current Graduate School transcripts
- 6) See and complete checklist provided with your application

You can download our [Supplemental Application](#), [Information about our Internship](#), a checklist ([Doctoral](#) or [Masters](#) level) and the [CAPIC application](#) here. If you have further questions please contact Deborah Igoa-Kuhn, MA, MFT, Whitney Center Coordinator at (628-688-0644) or [clinic@sfjung.org](mailto:clinic@sfjung.org)