



THE C.G. JUNG INSTITUTE  
OF SAN FRANCISCO

# THE INFANT, CHILD AND ADOLESCENT TRAINING PROGRAM



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THE C.G. JUNG INSTITUTE OF SAN FRANCISCO  
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The C.G. Jung Institute of San Francisco is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians. The C.G. Jung Institute of San Francisco takes responsibility for the content, quality and scientific integrity of this CME activity. 4 AMA PRA Category 1 Credits™ are offered for each monthly seminar attended.



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## OUR PHILOSOPHY

While the work of Carl Jung is most commonly associated with the symbolic realm of the psyche in the second half of life, his early recognition of the importance of the mother and infant relationship is less well known. Michael Fordham and Erich Neumann, two of Jung's followers, sought to expand Jung's concepts of the self and individuation to include the beginnings of life and childhood. The foundation of the iCAT Program is grounded in the study of the infantile self, and its maturation in childhood and adolescence through the process of individuation.

iCAT is a comprehensive two-year program designed to prepare analysts and candidates for specialization in analytical work with children and adolescents. Trainees will receive continuing education credit for their participation in monthly seminars. At the completion of the program, trainees will also receive a certification in Jungian Child and Adolescent Analysis from the C.G. Jung Institute of San Francisco.

### YEAR ONE

The first year of training introduces Tavistock Infant Observation to enhance analytical skills. Included in this experiential component are weekly in-home infant observations followed by monthly Infant Observation Seminars.

### YEAR TWO

The second training year focuses specifically on the theory and range of practice in Jungian child and adolescent analysis with a rich curriculum of Jungian and post-Jungian readings. Clinical case conferences and individual case supervision are ongoing for the duration of the program.

### APPLYING TO iCAT

We welcome applicants who have graduated from Jungian analytical and other psychoanalytic institutes all over the world. We also accept current candidates from IAAP approved Jungian institutes. You can request an iCAT application by emailing us at iCAT@sfjung.org, or by calling 415-771-8055. Applications are reviewed throughout the year. A detailed listing of program fees and requirements is available upon request.

The Bay Area is a lovely place to visit and in which to train. We also do our best to accommodate the varied needs of long-distance trainees, including some virtual seminars. Off-site participation is determined on a case-by-case basis. Please do not hesitate to contact us with questions at iCAT@sfjung.org, or by calling 415-771-8055. Technology and possibilities are always changing!

"THE INDIVIDUATION PROCESS  
REQUIRES THE WHOLE SPAN OF A  
LIFE AND THE EARLY PROCESSES OF  
ADAPTATION ARE A NECESSARY  
PRELIMINARY TO LATER  
DEVELOPMENT"  
—MICHAEL FORDHAM

"THE GOAL OF THE INDIVIDUATION  
PROCESS IS THE SYNTHESIS OF THE  
SELF...THE SYMBOL OF WHOLENESS  
CAN BE OBSERVED IN THE FIRST  
DREAM OF INFANCY."  
—CARL JUNG

"THE PRIMAL RELATIONSHIP IS THE  
FOUNDATION OF ALL SUBSEQUENT  
DEPENDENCIES, RELATEDNESS  
AND RELATIONSHIPS."  
—ERICH NEUMANN



## ABOUT THE INSTITUTE

The C.G. Jung Institute of San Francisco has been furthering analytical work for nearly three-quarters of a century.

In 1964, after almost twenty years of existence, the Society of Jungian Analysts of Northern California formally incorporated as a California Non-Profit Public Benefit Society. As a Non-Profit Educational and Community Service Organization, the C.G. Jung Institute of San Francisco is devoted to the advancement of Jungian thought in clinical work and in cultural discourse.

The Institute is pleased to add the Infant, Child and Adolescent Training Program (iCAT) to our varied list of clinical and cultural offerings. In addition to the Analytical Training Program, the Institute provides educational events for the general public, seminars for professionals, and produces *Jung Journal: Culture and Psyche*, now published by Taylor & Francis. The Institute houses an extensive library, an Archive For Research in Archetypal Symbolism (ARAS), and offers sliding-scale psychotherapy through the James Goodrich Whitney Center for Psychotherapy. Friends of the Institute, an auxiliary organization, welcomes new members.

Learn more about the C.G. Jung Institute of San Francisco at [www.sfjung.org](http://www.sfjung.org).

## OUR CERTIFIED CHILD ANALYSTS & FACULTY

**MARIA ELLEN CHIAIA, PhD, MFT** is an adult, child and adolescent analyst and a marriage, family therapist with a private practice in San Anselmo, California. She is currently a professional advisor to the child public welfare program of the China Society for Analytical Psychology and she is a teaching member and former executive board member of the International Society for Sandplay Therapy. She has held various professorships and has authored many articles and book chapters. She is also the co-author of *Sandplay in Three Voices: Images, Relationship, the Numinous*, published by Routledge.

**CLAIRE COSTELLO, PHD, RN, PMHCNS-BC** is a licensed psychologist, clinical nurse specialist and child/adult analyst member of the C.G. Jung Institute of San Francisco, with a Bay Area private practice for 39 years. Claire is a certified Koru Mindfulness Teacher, teacher in training at Mindfulness Self-Compassion, UCSD, Mindfulness Teacher Training Program, and the Greater Good Science UCB.

**LAUREN CUNNINGHAM, MSW (UC Berkeley)** practices in San Francisco. She trained with Dora Kalf, and is a Teaching Member of ISST (International Society for Sandplay Therapy.) She was the founding editor of the *Journal of Sandplay Therapy*. She consults about toddler/pre-school development for the S.F. Council of Parent Participation Nursery Schools, and is an Associate Professor, California Institute of Integral Studies.

**BRIAN FELDMAN, PhD (UC Berkeley)** served as chief psychologist in the Department of Child Psychiatry at Stanford Medical Center. He trained in child analysis with Dr. Michael Fordham in London. He holds visiting professorships at the Institute of Psychology, Russian Academy of Sciences in Moscow and Macau City University, China. He has been a visiting scholar at the University of Campinas, Brazil; and the University of Dakar, Senegal. He is a founding and training member of the International Association of Infant Observation. His analytical practice is in Palo Alto, California.

**VIRGINIA HUMPHREY, PhD** is a clinical-developmental psychologist with a private practice in child, adolescent and adult analysis in Woodside, California. She com-

pleted her psychology post-doctoral fellowship at Children's Hospital at Stanford, Department of Child Psychiatry, and served as Caregiver Coordinator of the Infant and Toddler Program at Children's Health Council. She co-leads Infant Observation groups in the iCAT program, China and Taiwan.

**SAM KIMBLES, PhD** is an Associate Clinical Professor, University of California, San Francisco, in the Family and Community Medicine program. He did his fellowship in Child and Adolescent Psychology at the University of Southern California Medical Center. He has been chief psychologist and a clinical consultant at several different community child and adolescent programs over the years.

**MARGO M. LEAHY, MD** is an adult, child and adolescent psychiatrist and an Associate Professor of Psychiatry at the University of California, San Francisco. She was also the Director of the Coordinated Child Psychiatry Clinic at Stanford, as an Assistant Clinical Professor in the Department of Psychiatry at Stanford Medical Center. She did her Jungian child analytical training in London with Dr. Michael Fordham, and has a private practice in San Francisco.

**AUDREY F. PUNNETT, PhD** is a child, adolescent and adult psychologist with a private practice in Fresno. She is an Associate Professor of Psychiatry, University of California, San Francisco-Fresno, and psychologist for the California Health Sciences University. She trained in child and adult analytical psychology at the C.G. Jung Institute, Zurich; is a Teaching Member of STA/ISST; and teaches and consults internationally. Dr. Punnett has published book chapters and two books, *The Orphan* and *Jungian Child Analysis* (Ed.).

**LIZA RAVITZ, PhD** is a child and adult psychologist practicing in San Francisco and Petaluma, California. She is a core faculty member in the Depth Psychology Program at Sonoma State University. She trained with Dora Kalf and is an ISST teaching member. She also teaches and trains internationally. Her most recent international work has been in Taiwan, China where she has developed an analytical practice and taught at Shih Chien University.

**PATRICIA L. SPEIER, MD** is an adult, child and adolescent analyst, who practices in San Francisco and Berkeley, California. She is a Clinical Professor of Psychiatry at the

University of California, San Francisco where she teaches their Advanced Psychotherapy/Play Therapy course. She has also served as the Director of the Child and Adolescent Outpatient Clinic at UCSF.

**SUZY SPRADLIN, PhD** is a clinical-developmental psychologist who has recently retired. Her child and adolescent practice has included diagnostic assessment, attachment, parent education and family services.

**ROBERT TYMINSKI, DMH** is an adult and child analyst with a private practice in San Francisco, California. He trained at the University of California, San Francisco and for many years was the Director of the Oakes Children's Center, a day treatment program and school for children and adolescents with emotional and autism spectrum disorders. Dr. Tyminski is currently a Clinical Professor of Psychiatry at the University of California, San Francisco.

**SUSAN WILLIAMS, MA, MFT** is a Jungian analyst in private practice in Berkeley, California, where she sees adults, adolescents and children. She trained and practiced in London before relocating to the San Francisco Bay Area. She has published and taught on topics including the numinous, expanded states of consciousness, aliveness and deadness and autistic states of mind. In addition to her private practice, she has consulted to the Marin County Board of Education programs for children with autism spectrum disorders.

**STEVE ZEMMELMAN, MSW, PhD** is an analyst member of the C.G. Jung Institute of San Francisco and the Interregional Society of Jungian Analysts who is certified to practice as a Jungian psychoanalyst with children, adolescents and adults. Dr. Zimmelman taught for many years on faculties at the Department of Psychiatry at UCSF and the School of Social Welfare at UC Berkeley. He continues to teach as an adjunct professor at Pacifica Graduate Institute, and maintains a private practice in Berkeley and San Francisco, California.