

The Practice of Jungian Psychotherapy: A Two-Week Intensive in Mandarin Chinese and English

Draft: subject to modification

Overall structure of the program

Each day will consist of two sessions. The morning session will begin at 9 a.m. and end at 12:30. The first part of the morning will be a didactic seminar and the second part a case conference built around student presentations of their clinical work. The afternoon session will begin at 4 p.m. and end at 7:30 p.m. with a didactic seminar followed by a case conference in which faculty will present clinical work for discussion. The time between morning and afternoon sessions allows attendees to meet individually with analysts or consultants if they wish to make separate arrangements to do so.

There will be two banquets: one on the night of the first day to welcome everyone and kick off the program and a second one on the night of the last day to bring the program to a conclusion and say goodbye. Each evening of the conference, except for the two days off, will include a communal meal at the Institute. Some nights will include screenings of films, followed by discussion with faculty.

Syllabus

July 1 (Saturday)

Focus: Welcome, historical context including routers and the evolution of analytic practice, the psychotherapy field, and the context of culture and identity

Faculty: Tom Kirsch, M.D., Qi Re Ching, L.C.S.W., Rusa Chiu, Ph.D., Steve Zemmelman, Ph.D.

The first day will end with a special welcoming dinner banquet held at the Institute.

July 2 (Sunday)

Focus: The psychoid and synchronicity in the consulting room

Faculty: Joe Cambray, Ph.D.

In this seminar we will begin by looking at the origins of the concept of synchronicity as it emerged in Jung's experiences and his models of the psyche. Cosmological, cultural and clinical implications will be drawn from this novel idea. The vision of reality held by a world view based in synchronicity, in conjunction with the notion of the psychoid archetype, provides a unique approach to understanding many phenomena that often defy description by other means. To assist the clinician in grasping and employing a broad range of these experiences, we will explore case material, identifying and demonstrating how to utilize them for therapeutic

benefit. More generally, synchronicity will be presented as at the core of the Jungian analytic approach.

July 3 (Monday)

Focus: The therapeutic field

Faculty: Maria Chiaia, Ph.D.

The therapeutic interaction is complex, created from conscious and unconscious images, feelings and associations of each participant and what they create between them. This seminar will explore the relational field, verbally and non-verbally. We will also learn the use of oneself in service of creating a safe container to what is emerging through word, dreams, sandtrays, body language and emotion. The interplay between developmental failure and creative inspiration, mystery and meaning will be emphasized.

July 4 (Tuesday)

Focus: Transference and countertransference

Faculty: Elly Lin, Ph.D. and Steve Zemmelman, Ph.D.

When Jung and Freud first met in 1907, Jung told Freud that the transference was the alpha and omega of the process, to which Freud responded, "Then you get the whole thing." Jung went on to develop his understanding of how the unconscious works in the analytic relationship in both personal and archetypal dimensions. Post-Jungians have subsequently challenged and refined Jung's original creative formulations. Through theory and case discussion, this seminar will explore classical and contemporary approaches to transference and countertransference in psychoanalysis and analytical psychology.

July 5 (Wednesday) Day off. Free to tour San Francisco and the Bay Area

July 6 (Thursday)

Focus: The archetypal field and emergence

Faculty: Steve Zemmelman, Ph.D.

Jung's psychology rests on the bedrock of an objective psyche consisting of the archetypes of the collective unconscious. He described the archetypes in various ways: as inherited potentials, as frameworks that organize the psyche, as symbolic images, as things in themselves, and as powerful transpersonal patterns akin to Plato's Ideas that have an independent existence. Contemporary archetypal theory maintains the all-important symbolic attitude at the heart of analytical psychology while integrating it with an epigenetic model that sees archetypes as

emergent phenomena rather than as innate factors. When we understand archetypes in this way, it opens the work up to new, more complex perspectives that regard the influences of culture on the developing person and the analytic process. This seminar explores the worlds of classical and contemporary archetypal theory, and how different ways of understanding the collective unconscious influence what happens in the therapeutic relationship.

July 7 (Friday)

Focus: The Self on its individuation journey as a dialectic between individual and collective

Faculty: Lauren Cunningham, L.C.S.W., Liza Ravitz, Ph.D., and Jean Kirsch, M.D.

This seminar will interpret the Self as it unfolds during the individuation process. Images from the Book of Job and the Rosarium Philosophorum, as well as clinical material, will be used to illustrate the emergent growth process. Emphasis will be on holding the tension of opposites between the light and dark aspects of the phenomenon of Self in relation to both individual and collective challenges.

July 8 (Saturday)

Focus: Family, intergenerational complexes and phantom narrative

Faculty: Sam Kimbles, Ph.D.

Intergenerational traumas often appear as phantom narratives, expressed in the clinical encounter through emotional attitudes around race, class, ethnicity, gender, and through family organizations. These narratives will be the focus of our time together.

July 9 (Sunday)

Focus: The child and individuation

Faculty: Lauren Cunningham, L.C.S.W. and Audrey Punnett, Ph.D.

Clinical vignettes about children will be used to highlight developmental and symbolic themes found in the images they create in therapy. We will consider how healing from past wounds and strengthening of the ego-Self axis occur as we view the child's individuation process through their play. We will see how the transcendent function is activated in the room by attending to the relationship between the therapist and the child, including verbal and non-verbal images and exchanges. Experiential exercises will be used to connect participants to the healing power of images.

July 10 (Monday)

Focus: Infancy and the infantile states in the adult

Faculty: Beth Barmack, L.C.S.W. and Liza Ravitz, Ph.D.

Knowledge about primitive emotional states enriches our understanding of nonverbal experience while increasing the capacity to contain and deepen the work. The more we, as psychotherapists, can experience and tolerate these primary states, the better equipped we are to help our patients through psychological regressions in service of growth and individuation. We will use imagery and narrative from infant observation, as well as child and adult therapy, to illustrate and deepen clinical understanding.

July 11 (Tuesday) Day off. Free to tour San Francisco and the Bay Area

July 12 (Wednesday)

Focus: Dreams (including Psychological Type)

Faculty: John Beebe, M.D.

This seminar introduces a way of learning from dreams based on a four-step process that draws upon the teachings of both Freud and Jung. This is a process that reviews associations to dream situations and symbols, opens up symbols through amplification, inquires if the dream is an analogy to something unconsciously affecting the dreamer in waking life, and notices what precisely in the dream inspires awe in the dreamer. Dr. Beebe will provide some examples of dreams and will also work with dreams provided voluntarily by participants.

July 13 (Thursday)

Focus: Trauma, childhood adversity, active imagination

Faculty: Nickie Amerius Sargeant, M.F.T., Rusa Chiu, Ph.D.

This seminar looks at Jungian psychotherapy with patients who have suffered psychological trauma. Perspectives from neuroscience, interpersonal neurobiology, and developmental psychopathology will be used to underscore the value and methods of working with embodied memories - memories that are encoded non-verbally in the body and that are often experienced as if they are occurring in the present - as they emerge in the interactive field between patient and therapist. Case material will be presented illustrating an integration of current research with theory and practice.

July 14 (Friday):

Focus: Anima and animus; gender and culture

Faculty: QiRe Ching, L.C.S.W., Rusa Chiu, Ph.D.

Anima and Animus

The morning seminar will explore Jung's concept of the contrasexual archetypes as an integral component of his model of the psyche. This presentation will consider his framework in the context of evolving cultural attitudes towards gender. Through case material, review of the literature, and sharing personal stories students will gain a deeper understanding of the concepts of anima and animus, particularly regarding their relevance and application to clinical practice. The afternoon seminar builds on the previous discussion of anima and animus, and will focus on the interplay between culture, gender, and the individuation process, with consideration given to its potential for pain, conflict, confusion, and growth.

The intensive will be brought to a close on the evening of July 14 with a special closing banquet held at the Institute.