

*The C. G. Jung Institute
of San Francisco*



*Analytic Training Program
2021–2022*

The Mission of The Institute

Analytical psychology is the theoretical foundation for Jungian analysis, a healing practice that serves the basic human need for psychological consciousness and growth. The C. G. Jung Institute of San Francisco was founded to advance a viewpoint vital to the conscious, ethical practice and utilization of analytical psychology and to disseminate knowledge central to that end.

The Institute trains psychotherapists to become Jungian analysts and maintains a collegial society to provide continuing education and ethical review for member analysts. It offers education and information to other professionals and the general public and promotes research about Jungian analysis and psychotherapy. It maintains the Virginia Allan Detloff Library and the Archive for Research in Archetypal Symbolism as educational resources. Through the James Goodrich Whitney Clinic Jungian psychotherapy is provided on a sliding-scale basis.

The Institute recognizes that the potential of wholeness and individuation depends on psychological development that in turn is supported or hampered by collective attitudes and laws. With this understanding, the C. G. Jung Institute of San Francisco supports in principle efforts that promote universal human rights.

The Institute's programs and services are provided without discrimination on the basis of race, color, national or ethnic origin, sexual orientation, or gender.

The Analytic Training Program

The C. G. Jung Institute of San Francisco offers to licensed psychotherapists a training program in preparation for certification as a Jungian analyst. The program is directed toward the development of mature, psychologically conscious individuals who will become conversant in Jungian thought and methods of practice and be able to integrate them in their own style in the practice of analysis.

The program begins with four years of seminars, group case consultation and group process, however completion of training for certification typically takes longer. A working knowledge of the conceptual framework is developed through seminars, case conferences, and reading. In consultation and control analysis candidates find their individual unique ways to apply the experience of training to their own psychotherapeutic practice. In the program, personal analysis is considered basic to the training and provides the means for the individual to find his/her identity as a person and an analyst by establishing meaningful connection with his/her psyche.

It is the established practice of this Institute that personal analysts are not permitted to participate in any way in the selection process of applicants who are or have been their analysands, or in the evaluation process of candidates who are or have been their analysands. The Institute is committed to the individual development of candidates. This gives latitude for discussing with training committees any special circumstances that might warrant modification of requirements contained in this training brochure.

For the Institute to remain a vital body for learning and development, active involvement of candidates and analysts is essential. The Institute functions with volunteer help from candidates and analysts. It is expected that throughout a candidate's and analyst's relationship with the Institute, service on Institute committees and other functions will be part of the candidate's and analyst's ongoing commitment to the Institute.

Application to the Training Program

I. Personal Analysis

Motivation to enter analytic training is most reliably valid to the extent that it issues from a deep source in the psyche of an individual fully engaged in his/her personal analytic process.

One's personal analysis is considered to be the central and fundamental basis for the practice of analysis. Prior to applying for training, an individual is expected to have considered the effect of participating in the training program in the course of the personal analysis.

Applicants to the analytical training program are required to have completed at least a total of 100 hours of analysis/Jungian oriented psychotherapy over the span of at least two years, prior to their application to the training program. At least 50 hours of this experience must be with a certified Jungian analyst and a maximum of 50 hours can be with a Jungian oriented psychotherapist or a psychoanalyst. Applicants are expected to continue with their Jungian analysis from the time of application to certification. The personal analysis referred to in this section must be with a qualified Jungian analyst as defined by membership in the associations listed on page 8.

II. Academic Training and Clinical Experience

The C. G. Jung Institute offers highly specialized training in the theory and practice of Analytical Psychology. The level of work requires and presupposes a knowledge of and experience in the general field of psychotherapy. Each applicant must have:

- A. Ability to demonstrate special sensitivity and competence as a psychotherapist. An applicant must be actively engaged in and have experience doing long-term depth psychotherapy. Experience treating a wide range of psychiatric disorders, such as is included in psychiatric residency or community mental health, may balance a relative inexperience doing depth psychotherapy. Upon admission and as a requirement of admission, applicants may be required to make up for deficiencies in experience.
- B. The applicant should be able to assess the depth and danger of any presenting patient's disturbance.
- C. An active license to practice psychotherapy in the State of California.
- D. Evidence of having successfully met all the professional and ethical standards of the discipline in which he/she is licensed to practice.
- E. Adequate current malpractice insurance coverage in California.

Case consultation beyond the requirements of licensure is also recommended. Typically, past applicants have had some of this ongoing consultation with a Jungian analyst.

Candidates in training arrive from the entire range of disciplines that teach psychotherapy. Once a selected applicant enters the Institute community there is little differentiation made on the basis of one's academic and clinical origin. Nonetheless, this background is crucial to personal and professional identity, remaining part of the foundation of the analyst one ultimately becomes. Having fulfilled the requirements of one's clinical discipline is a basic first step in training.

Applications are invited from individuals who, by virtue of their training, experience, and licensure, are qualified to practice psychotherapy in the State of California. Such eligible, licensed psychotherapists, include psychiatrists, who have completed a psychiatric residency (through PGY IV), other MD's with an additional mental health license, licensed psychologists, marriage

and family therapists, clinical social workers, and registered nurses (who are certified nurse specialists with a master's degree in mental health nursing).

Applicants who have any questions are urged to contact the chairperson of the Admissions Committee.

III. Other Qualified Applicants

Persons with prior training from other Jungian organizations, institutes, or training centers, and who hold a license to practice psychotherapy in the State of California may apply. This category includes the two following circumstances:

A. Jungian analysts who are members of the International Association for Analytical Psychology and reside and practice in Northern or Central California may apply for membership in this Institute. Applicants must meet the same standards of professional training and experience in a clinical discipline as those required of applicants for training at the C. G. Jung Institute of San Francisco. Requirements include a thoroughgoing knowledge of, and a substantial amount of clinical experience in, the general field of psychotherapy. As part of the evaluation process, the Certifying Committee will request letters of recommendation from members of the applicant-analyst's local Jungian community.

If the credentials reviewed are satisfactory, the Certifying Committee will meet with the applicant to orient him/her to the Committee members and their expectations. A period of control work, customarily of at least six months duration, with a member of the Institute may be expected, after which the Certifying Committee will meet with the applying analyst to hear a case presentation and to engage in a discussion of analytic and general issues. The Certifying Committee may waive these requirements. If the Certifying Committee is satisfied that the individual is qualified, it will recommend to the members of the Institute that the applicant be elected to membership.

B. Applicants who have undergone training in, but have not graduated from, other Jungian training programs will be evaluated by the Admissions Committee, as are all other applicants to the training program, with consideration being given to their previous Jungian training. The criteria used in assessing such applicants will be based on:

1. The circumstances motivating the individual to leave the previous training program;
2. The same standards which are applied to all other applicants for candidacy with respect to clinical experience and excellence; the quality, depth and breadth of Jungian and non-Jungian psychological and analytic training and experience; the individual's personal qualities and motivation; and the possession of the required professional credentials.

If selected for further training, applicants will be placed at an appropriate level in this program after consultation with the appropriate training committee. Admission is for a probationary period which ends by decision of the training committee.

IV. Public Service Fellowship

The Public Service Fellowship has been established for those individuals who work at least half time in a public mental health setting and would otherwise not have the financial means to pursue analytic training. It provides a tuition waiver for four years. Applicants must meet all of the regular admission requirements. Proof of eligibility should be submitted at the time of application.

V. Application for Training

The Institute training program welcomes applicants of diverse race, color, national and ethnic origin, sexual orientation, and gender.

Applicants must complete the application form and submit it to the Admissions Committee of the C. G. Jung Institute, together with the nonrefundable application fee of \$500, before January 1 of the year in which they wish to begin training. If an applicant is not accepted, reapplication is possible after two years. A limit of two reapplications will be considered, and each will require submission of a new and complete application and payment of the fee.

Upon receipt of the application form, fee, and all supporting documents, the credentials are reviewed by the Admissions Committee, emphasizing the following criteria:

- A. Personal development and maturity, as assessed by exploration of the applicant's relationship to his/her own unconscious depths;
- B. Adequacy and extent of basic training;
- C. Amount, breadth, and quality of professional experience;
- D. Evidence of special aptitude and competence in the field of psychotherapy;
- E. Applicant's reputation among colleagues, consultants and supervisors for standards of personal and professional integrity as provided by applicant requested letters of reference and feedback from the Institute community. Confidentiality remains with the disclosing party.
- F. Evidence of his/her potential for becoming a Jungian analyst.

The Admissions Committee considers each applicant individually, focusing especially on the depth of relationship to the unconscious and his/her personal and professional maturity.

If the applicant appears to qualify, an evaluation of his/her personal, social and professional maturity, suitability and readiness is made by personal interviews with members of the Admissions Committee. A short, written case narrative is requested as part of the Admissions process and will be discussed with the applicant at interview.

Please feel free to contact the Chair of the Admissions Committee if you need further consultation about the admissions process.

Curriculum, Program Stages and Cost

I. The Curriculum

The curriculum of the analytic training program consists of four years of weekly seminars, regular group case consultation and group process. The program generally begins in early September and continues through the academic year to early June with holiday breaks. Each academic year consists of 72 hours of seminars, 40 hours of case conference and 18 hours of group process where continuing education units are offered.

Seminars are designed to offer an overview of a multilayered and complex psyche that integrates developmental and archetypal perspectives in theory and clinical practice. Areas of core seminar presentations, readings and discussion in the first two years may include: complexes, archetypes, symbolism, typology; mythology, individuation over the lifespan, the roots and history of Jungian psychology, psychopathology; as well as analytic modalities including dream interpretation, active imagination, sandplay, transference and countertransference. In the third and fourth year of candidacy, advanced topics as well as specialized subjects chosen by candidates are the focus of seminars.

Seminars, group case consultation and group process meetings are scheduled primarily on Tuesdays from 4:30pm-10pm at the Institute for the first two years. Seminars meet weekly from 4:30-6:30pm; group case consultation meets two times each month and group process meetings meet once each month from 7:30 to 9:30pm (or 8pm to 10pm on candidate dinner meeting nights). Where appropriate, candidates may plan their third and fourth year seminars to meet off site or on weekends. Any exceptions in the curricula must be made in consultation with the Curriculum Committee. In-person regular attendance at all components of the analytic training is required.

Elective intramurals for analysts, candidates and interns as part of our learning community are offered several times a year.

As a part of the Institute's International Analytical Psychology Student program, a qualified international student may join the first and second year seminar group to participate in all educational activities and reviewing processes.

When candidates enter the training program they begin seeing a patient from the Institute's James G. Whitney Clinic as a part of training. Each candidate continues working with at least one clinic patient for the duration of training.

Individual consultation with member analysts is required throughout training. The consultant must report on the candidate's progress to the appropriate training committee. Analysts may be available who volunteer time for consultation.

II. The Program Stages

Analytic training is divided into three stages:

A. Preliminary (this is a period of mutual evaluation between trainee and Institute, which lasts as long as necessary for the Reviewing Committee to determine that there is an appropriate fit);

Candidates in preliminary status are assigned mentors from among the analyst members of their Admissions Committee, who meet with them periodically until their first meeting with the Reviewing Committee. The mentor's role is to

represent the training program and to support candidates in becoming oriented to it and preparing for their first review.

B. Candidacy.

C. Advanced (includes control analysis with at least two control analysts).

Annually, each candidate meets formally with a committee that oversees and tracks a candidate's progress through the training program. The candidate considers and evaluates his/her subjective sense of readiness for advancement, and the appropriate committee consults with the candidate about their progress and development through interviews with, and written material from, the candidate, and ordinarily also through information received from analysts involved with the candidate's training (group and individual case consultants and/or control analyst; sometimes seminar leaders or other analysts), excepting always the candidate's personal analyst and group process leader. At certain stages of training the overseeing committee evaluates the candidates readiness to pass into the next level of training.

When a candidate enters the training program, progress through the early years is followed by the Reviewing Committee. This committee determines the length of the Preliminary stage. Once passed into full candidacy the Reviewing Committee consults with and oversees the candidate's progress through the ensuing years of training that include determination of readiness to sit for a Reviewing Board. The final decision for advancement is made by a Review Board composed of the Reviewing Committee and one qualified Jungian analyst who is not a member of the C. G. Jung Institute of San Francisco. Following completion of the Preliminary stage and the case conference requirements, a candidate who is in or beyond the third year of seminars may begin to consider his/her inner and outer readiness for advancement into Control stage. When the candidate feels ready, the decision to meet with the Review Board is determined in consultation with the Reviewing Committee during the candidates's annual review meeting, which is usually in the spring. If there is mutual agreement, the candidate is scheduled to meet with the Review Board, ordinarily in the fall of the next academic year.

In this meeting with the Review Board the candidate's familiarity with the theory and practice of Analytical Psychology and his/her individual development as an analyst are evaluated in the context of a case presentation. Once advanced by this Board the candidate is eligible to begin control analysis where the focus of meetings with consulting analysts is usually narrowed, with the intent of choosing a patient for the candidate's case study. Selection of initial consulting control analyst(s) is done at that Review Board meeting, with confirmation and subsequent selections at Certifying Committee meetings.

The Certifying Committee, in collaboration with consulting control analysts, oversees progress from the Advanced stage of training through certification as an analyst. Currently, a minimum of 100 hours of consultation is required by the Institute at this phase of training. These hours must be spent with at least two different consulting analysts, who are 5 years post certification, including substantial experience with both a female and a male analyst, or analysts who may represent various demographics on which identity is based.

When the candidate has successfully completed the seminars and the required consultation hours, and has drafted a case study paper, at a time agreed upon with the Certifying Committee, he/she may meet with the Certifying Committee for evaluation and mutual agreement to present that case before the Certifying Board, composed of the Certifying Committee and one qualified Jungian analyst who is not a member of the C. G. Jung Institute of San Francisco. If in the judgment of the

Certifying Board the candidate has achieved the necessary level of professional and personal development and the case presentation has been satisfactory, the candidate is certified by the Board that he/she has completed training as a Jungian analyst. The membership of the Institute is notified that he/she is eligible for election into membership.

Beginning candidates should know that all requirements stated in this brochure are subject to change by the Institute, and that minimum requirements will not necessarily be deemed sufficient in individual cases. For example, additional individual or group consultation that is not considered part of the minimum requirements is often encouraged during training.

Delay or deferment of advancement, which is the result of the considered decision of the Reviewing Committee or Certifying Committee will be discussed with the candidate and may occur at any point in the process of training. This does not in itself jeopardize future advancement in the program. However, the Reviewing Committee and the Certifying Committee are empowered to initiate a leave of absence, a move to inactive status, or full termination of training if deemed appropriate. Details of these leave categories are on file at the Institute and available on request. A candidate who is dissatisfied with a decision made by one of the training committees and who is unable to resolve it with that committee may request the President or the Chair of the Training Coordinating Committee to convene a Training Appeals Board to review that decision.

(All changes of candidate status will ordinarily be announced to the membership as they occur.)

III. Annual Training Cost

The candidate tuition for 2021-22 is set at \$4,298 per year for candidates in seminars and \$2,151 per year for postseminar candidates. (All fees are subject to change on a yearly basis.) In addition, the candidate will be undergoing a personal analysis for which he/she will be paying the analyst directly. During the course of training, the candidate also will be required to participate in control analysis with at least two analysts, whom he/she will pay directly. Candidates in the reviewing stage of training are required to work with either continuing or new paid consultant(s) whom he/she will pay directly, although there may be volunteer pro bono consultants available as part of the requirement to see a clinic patient.

IV. Infant, Child & Adolescent Training (iCAT)

The Infant, Child & Adolescent Training Program (iCAT) at the Institute is a flexible program of two years of seminars and monthly conferences which can be taken concurrently with adult seminars or separately. It is intended to provide comprehensive training in Jungian analytic work with infants, children, adolescents and their families. The program is offered to certified Jungian analysts, (including analysts from other institutes), psychoanalysts, and candidates from this Institute who have completed their preliminary stage of training, with the approval of their training committee. Applicants must be experienced child psychotherapists who meet admissions criteria to the iCAT program. These criteria are available upon request.

The iCAT faculty offers seminars in infant observation and current perspectives of the theory and the practice of Jungian child and adolescent analysis. A clinical case conference and individual case supervision are ongoing, for the equivalent of two years. For further information, please contact Helene Dorian, hdorian@sfjung.org

International Association For Analytical Psychology

A Jungian analyst is recognized as qualified by membership in the International Association for Analytical Psychology (IAAP), which in the United States is ordinarily based on membership in one of the following associations:

Association of Graduate Analytical Psychologists
of the C. G. Jung Institute Zürich

Jungian Analysts of Washington Association

C. G. Jung Institute of Los Angeles

C. G. Jung Institute of San Francisco

C. G. Jung Study Center of Southern California

Chicago Society of Jungian Analysts

Dallas Society of Jungian Analysts

Georgia Association of Jungian Analysts

Inter-Regional Society of Jungian Analysts

Jungian Psychoanalytic Association – New York

New England Society of Jungian Analysts

New Mexico Society of Jungian Analysts

New York Association for Analytical Psychology

North Carolina Society of Jungian Analysts

Ohio Valley Association of Jungian Analysts

North Pacific Institute of Analytical Psychology

Pacific Northwest Society of Jungian Analysts

Pittsburgh Society of Jungian Analysts

Philadelphia Association of Jungian Analysts

Society of Jungian Analysts of San Diego

Analyst Members of The C.G. Jung Institute of San Francisco

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